



When you become a parent or caregiver of a child, they don't come with an instruction manual. Caregivers have an especially challenging task raising children with extra needs in this uncertain world we are living in. During this 4-week series, we will explore parenting children with traumatic backgrounds and autism. Participants will also learn how to prevent child sexual abuse in an online world and how to parent with compassion.

TO REGISTER:

April 6, 2022

<https://bit.ly/3K856Vw>

April 13, 2022

<https://bit.ly/3puLu5Z>

April 20, 2022

<https://bit.ly/35THI4J>

April 27, 2022

<https://bit.ly/3sGRwST>

April 6, 2022

Children with Trauma Backgrounds

April 13, 2022

Children with Autism

April 20, 2022

Preventing Child Sexual Abuse in an Online World

April 27, 2022

Parenting with Compassion

All sessions are on Zoom and
will be from **Noon-1pm CDT.**

Krista Teckenbrock is the Foster Home Resource and Support Coordinator at Caritas Family Solutions. She has a Masters' degree in Education and is a TBRI Practitioner. She is also a previous foster parent and has adopted three children from the foster care system.

Lindsey Schroeder is a parent of a child with Autism and veteran social worker. She has been at the Night's Shield in West Frankfort for many years helping families and children that are facing crisis and trauma.

Carlee Coplea is the Prevention Educator with The Survivor's Empowerment Center. She has worked with children in many different capacities over the years.

Mary Beth Long has a long history of working with families in several different capacities. She is a compassion coach with Creating Compassionate Communities and does an amazing job helping people understand compassion for themselves and the people and children they work with.