



chartwells
Discovery
KITCHEN



Grades 6-12

Echo Alternative School & S.T.A.R. Quest Academy Feb. 2024 Lunch Menu

Monday /	Tuesday	Wednesday	Thursday	Friday
			<p>1. Turkey, Bacon, & Cheese Flatbread Curly Fries Fresh Orange Apple Juice Spinach Romaine Salad</p>	<p>2. Buffalo Chicken Dip Tortilla Chips Refried Beans Fresh Orange Rosy Applesauce Fresh Broccoli & Baby Carrots</p>
<p>5. Chicken Club Fries Fresh Apple Orange Juice Caesar Salad</p>	<p>6. Cheese Sticks w/ Marinara Sauce Green Beans Fresh Banana Applesauce Baby Carrots</p>	<p>7. Cheeseburger Fries Peaches Grape Juice Romaine & Spinach Side Salad</p>	<p>8. BBQ Pork Sandwich Baked Beans Fresh Orange Apple Juice Coleslaw</p>	<p>9. Beef Nachos Black Beans Fresh Apple Cherry Tomatoes Spinach Cranberry Salad</p>
<p>12. Cajun Chicken Sandwich Fries Fresh Orange Pineapple Tidbits Caesar Salad</p>	<p>13. Chicken Corn Dog Green Beans Fresh Orange Applesauce Baby Carrots</p>	<p>14. Pepperoni Pizza Corn Fresh Apple Peaches Broccoli Salad Grape Tomatoes</p>	<p>15. Beef Taco Black Beans Mixed Fruit Apple Juice Romaine & Spinach Salad</p>	<p>16. No Service</p>
<p>19. No School Presidents day</p>	<p>20. Chicken Cordon Bleu Sandwich Black Beans Fresh Orange Pears/Strawberries Grape Tomatoes Caesar Salad</p>	<p>21. Chicken Tenders Toast & Gravy Fries Peaches/Blueberries Fruit Punch Juice Broccoli Salad</p>	<p>22. Sausage Pizza Tater Tots Fresh Apple Mixed Fruit Spinach & Cranberry Salad</p>	<p>23. Salisbury Steak Biscuit Tater Tots Baked Apples Grape Juice Baby Carrots</p>
<p>26. Spaghetti Garlic Bread Green Beans Fresh Apple Broccoli & Baby Carrots</p>	<p>27. Chili Cornbread Tater Tots Fresh Orange Fruit Punch Romaine & Spinach Salad</p>	<p>28. Sweet & Sour Chicken Dinner Roll Corn Peaches Apple Juice Caesar Salad</p>	<p>29. Monte Cristo Sandwich Potato Wedges Fresh Apple Mixed Fruit Grape Tomatoes</p>	<p>Red = KS (poultry) Blue = TP (nuts) Orange = SK (pineapple) Green = JW (broccoli/cheese) Purple = OM (cheese)</p>

Monday

Tuesday

Wednesday

Thursday

Friday

Lunch: A Full Student Lunch Includes a Choice Of Entrée Supplying Grain And /Or Protein, Two (2) Veg Side Dishes, One Fruit Dish And A Choice of Low Fat Milk