

## Echo Alternative School & S.T.A.R. Quest Academy

**Monday**
**Tuesday**
**Wednesday**
**Thursday**
**Friday**

**Choice Daily:**

2 Pop tarts **OR**

Choice of 2 Assorted Breakfast Bar  
**OR**

Choice of 2 Snack Crackers

**Choice Daily:**

Applesauce or Fresh Fruit

**4**
**Choice Daily:**

2 Asst Muffins **OR**

2 Pieces WGR Toast

**Choice Daily:**

Applesauce or Fresh Fruit

**5**
**Choice Daily:**

1 Peanut butter & Jelly Sandwich  
**OR**

Choice of 2 Assorted Cereal

**Choice Daily:**

Applesauce or Fresh Fruit

**6**
**Choice Daily:**

Strawberry bagel bite/Apple Frudel  
**OR**

Choice of 2 Assorted Breakfast Bars

**Choice Daily:**

Applesauce or Fresh Fruit

**7**
**Choice Daily:**

2 Asst Muffins **OR**  
Frudel/Bagel Bite **OR**  
Peanut Butter & Jelly Sandwich

**Choice Daily:**

Applesauce or Fresh Fruit

**1**
**Choice Daily:**

2 Asst Muffins **OR**  
Frudel/Bagel Bite **OR**
**Choice Daily:**

Applesauce or Fresh Fruit

**8**
**HALF DAY OF SCHOOL  
PARENT TEACHER CONFERENCE**
**11**
**12**
**13**
**14**
**15**

# SPRING BREAK – NO SCHOOL

**Choice Daily:**

2 Pop tarts **OR**

Choice of 2 Assorted Breakfast Bar  
**OR**

Choice of 2 Snack Crackers

**Choice Daily:**

Applesauce or Fresh Fruit

**18**
**Choice Daily:**

2 Asst Muffins **OR**

2 Pieces WGR Toast

**Choice Daily:**

Applesauce or Fresh Fruit

**19**
**Choice Daily:**

1 Peanut butter & Jelly Sandwich  
**OR**

Choice of 2 Assorted Cereal

**Choice Daily:**

Applesauce or Fresh Fruit

**20**
**Choice Daily:**

Strawberry bagel bite/Apple Frudel  
**OR**

Choice of 2 Assorted Breakfast Bars

**Choice Daily:**

Applesauce or Fresh Fruit

**21**
**Choice Daily:**

2 Asst Muffins **OR**  
Frudel/Bagel Bite **OR**  
Peanut Butter & Jelly Sandwich

**Choice Daily:**

Applesauce or Fresh Fruit

**22**
**Choice Daily:**

2 Pop tarts **OR**

Choice of 2 Assorted Breakfast Bar  
**OR**

Choice of 2 Snack Crackers

**Choice Daily:**

Applesauce or Fresh Fruit

**25**
**Choice Daily:**

1 Peanut butter & Jelly Sandwich  
**OR**  
Choice of 2 Assorted Cereal

**Choice Daily:**

Applesauce or Fresh Fruit

**26**
**Choice Daily:**

Strawberry bagel bite or Apple Frudel  
**OR**

Choice of 2 Assorted Breakfast Bars

**Choice Daily:**

Applesauce or Fresh Fruit

**27**
**Choice Daily:**

2 Asst Muffins **OR**

2 Pieces WGR Toast

**Choice Daily:**

Applesauce or Fresh Fruit

**28**
**29**
**NO SCHOOL**
**SERVED DAILY: Choice of 1% White Milk, 1% Chocolate Milk or Lactose Free Milk**
**SERVED DAILY: 100% FRUIT JUICE**

This institution is an equal opportunity employer and provider.

Menu subject to change without notice\*\*\*\*