

## ECHO Alternative School & S.T.A.R. Quest Academy

Monday

Tuesday

Wednesday

Thursday

Friday



<p><b>Choice Daily:</b> 2 Pop tarts <b>OR</b> Choice of 2 Assorted Breakfast Bar <b>OR</b> Choice of Snack Crackers <b>Choice Daily:</b> Applesauce or Fresh Fruit</p>	<p><b>Choice Daily:</b> 1 Peanut butter &amp; Jelly Sandwich <b>OR</b> Choice of 2 Assorted Cereal <b>Choice Daily:</b> Applesauce or Fresh Fruit</p>	<p><b>Choice Daily:</b> Strawberry bagel bite or Apple Frudel <b>OR</b> Choice of 2 Assorted Breakfast Bars <b>Choice Daily:</b> Applesauce or Fresh Fruit</p>	<p><b>Choice Daily:</b> 2 Asst Muffins <b>OR</b> Choice of 2 cereal <b>Choice Daily:</b> Applesauce or Fresh Fruit</p>	<p><b>Choice Daily:</b> 2 Asst Muffins <b>OR</b> Strawberry Bagel Bite <b>OR</b> Peanut Butter &amp; Jelly Sandwich <b>Choice Daily:</b> Applesauce or Fresh Fruit</p>
<p><b>Choice Daily:</b> 2 Pop tarts <b>OR</b> Choice of 2 Assorted Breakfast Bar <b>OR</b> Choice of Snack Crackers <b>Choice Daily:</b> Applesauce or Fresh Fruit</p>	<p><b>Choice Daily:</b> 1 Peanut butter &amp; Jelly Sandwich <b>OR</b> Choice of 2 Assorted Cereal <b>Choice Daily:</b> Applesauce or Fresh Fruit</p>	<p><b>Choice Daily:</b> 1 Peanut butter &amp; Jelly Sandwich <b>OR</b> Choice of 2 Assorted Cereal <b>Choice Daily:</b> Applesauce or Fresh Fruit</p>	<p><b>Choice Daily:</b> Strawberry bagel bite or Apple Frudel <b>OR</b> Choice of 2 Assorted Breakfast Bars <b>Choice Daily:</b> Applesauce or Fresh Fruit</p>	<p><b>Choice Daily:</b> 2 Asst Muffins <b>OR</b> Strawberry Bagel Bite <b>OR</b> Peanut Butter &amp; Jelly Sandwich <b>Choice Daily:</b> Applesauce or Fresh Fruit</p>
<p><b>Choice Daily:</b> 2 Pop tarts <b>OR</b> Choice of 2 Assorted Breakfast Bar <b>OR</b> Choice of Snack Crackers <b>Choice Daily:</b> Applesauce or Fresh Fruit</p>	<p><b>Choice Daily:</b> 2 Asst Muffins <b>OR</b> 2 Pieces WGR Toast <b>Choice Daily:</b> Applesauce or Fresh Fruit</p>	<p><b>Choice Daily:</b> Strawberry bagel bite or Apple Frudel <b>OR</b> Choice of 2 Assorted Breakfast Bars <b>Choice Daily:</b> Applesauce or Fresh Fruit</p>	<p><b>Choice Daily:</b> 2 Asst Muffins <b>OR</b> 2 Pieces WGR Toast <b>Choice Daily:</b> Applesauce or Fresh Fruit</p>	<p><b>Choice Daily:</b> 2 Asst Muffins <b>OR</b> Strawberry Bagel Bite <b>OR</b> Peanut Butter &amp; Jelly Sandwich <b>Choice Daily:</b> Applesauce or Fresh Fruit</p>
<p><b>Choice Daily:</b> 2 Pop tarts <b>OR</b> Choice of 2 Assorted Breakfast Bar <b>OR</b> Choice of Snack Crackers <b>Choice Daily:</b> Applesauce or Fresh Fruit</p>	<p><b>Choice Daily:</b> 1 Peanut butter &amp; Jelly Sandwich <b>OR</b> Choice of 2 Assorted Cereal <b>Choice Daily:</b> Applesauce or Fresh Fruit</p>	<p><b>Choice Daily:</b> 1 Peanut butter &amp; Jelly Sandwich <b>OR</b> Choice of 2 Assorted Cereal <b>Choice Daily:</b> Applesauce or Fresh Fruit</p>	<p><b>Choice Daily:</b> Strawberry bagel bite or Apple Frudel <b>OR</b> Choice of 2 Assorted Breakfast Bars <b>Choice Daily:</b> Applesauce or Fresh Fruit</p>	<p><b>Choice Daily:</b> 2 Asst Muffins <b>OR</b> Strawberry Bagel Bite <b>OR</b> Peanut Butter &amp; Jelly Sandwich <b>Choice Daily:</b> Applesauce or Fresh Fruit</p>
<p>27</p>	<p>28</p>	<p>29</p>	<p>30 <b>LAST DAY OF SCHOOL!!</b></p>	<p>31</p>

SERVED DAILY: Choice of 1% White Milk, 1% flavored Milk or Lactose Free Milk  
SERVED DAILY: 100% FRUIT JUICE

Menu subject to change without notice\*\*\*\*

This institution is an equal opportunity employer and provider.