

MAY 2025 BREAKFAST MENU

ECHO & STARQUEST SCHOOLS

Grades 6 - 12

	OPTION 1	OPTION 2
Thursday, May 1, 2025	Whole Grain Toast , Waffles OR Bagels	Assorted Cereal & Cereal Bars
Friday, May 2, 2025	Assorted Pastries OR PBJ Cinnamon Toast Crunch Pastry, Strawberry or Apple Frudel	Assorted Cereal & Cereal Bars
Monday, May 5, 2025	Assorted Muffins, or Pop Tarts (Banana, Blueberry, or chocolate Muffins) (Strawberry, Cinnamon, or FudgePop tarts	Assorted Cereal & Cereal Bars
Tuesday, May 6, 2025	Whole Grain Toast , Waffles OR Bagels	Assorted Cereal & Cereal Bars
Wednesday, May 7, 2025	Assorted Pastries OR PBJ Cinnamon Toast Crunch Pastry, Strawberry or Apple Frudel	Assorted Cereal & Cereal Bars
Thursday, May 8, 2025	Assorted Muffins, or Pop Tarts (Banana, Blueberry, or chocolate Muffins) (Strawberry, Cinnamon, or FudgePop tarts	Assorted Cereal & Cereal Bars
Friday, May 9, 2025	Whole Grain Toast , Waffles OR Bagels	Assorted Cereal & Cereal Bars
Monday, May 12, 2025	Assorted Pastries OR PBJ Cinnamon Toast Crunch Pastry, Strawberry or Apple Frudel	Assorted Cereal & Cereal Bars
Tuesday, May 13, 2025	Assorted Muffins, or Pop Tarts (Banana, Blueberry, or chocolate Muffins) (Strawberry, Cinnamon, or FudgePop tarts	Assorted Cereal & Cereal Bars
Wednesday, May 14, 2025	Whole Grain Toast , Waffles OR Bagels	Assorted Cereal & Cereal Bars
Thursday, May 15, 2025	Assorted Pastries OR PBJ Cinnamon Toast Crunch Pastry, Strawberry or Apple Frudel	Assorted Cereal & Cereal Bars
Friday, May 16, 2025	Assorted Muffins, or Pop Tarts (Banana, Blueberry, or chocolate Muffins) (Strawberry, Cinnamon, or FudgePop tarts	Assorted Cereal & Cereal Bars
Monday, May 19, 2025	Whole Grain Toast , Waffles OR Bagels	Assorted Cereal & Cereal Bars
Tuesday, May 20, 2025	Assorted Pastries OR PBJ Cinnamon Toast Crunch Pastry, Strawberry or Apple Frudel	Assorted Cereal & Cereal Bars
Wednesday, May 21, 2025	Assorted Muffins, or Pop Tarts (Banana, Blueberry, or chocolate Muffins) (Strawberry, Cinnamon, or FudgePop tarts	Assorted Cereal & Cereal Bars
Thursday, May 22, 2025	Whole Grain Toast , Waffles OR Bagels	Assorted Cereal & Cereal Bars
Friday, May 23, 2025	Assorted Pastries OR PBJ Cinnamon Toast Crunch Pastry, Strawberry or Apple Frudel	Assorted Cereal & Cereal Bars
Tuesday, May 27, 2025	Assorted Muffins, or Pop Tarts (Banana, Blueberry, or chocolate Muffins) (Strawberry, Cinnamon, or FudgePop tarts	Assorted Cereal & Cereal Bars
Wednesday, May 28, 2025	Whole Grain Toast , Waffles OR Bagels	Assorted Cereal & Cereal Bars
Thursday, May 29, 2025	Assorted Pastries OR PBJ Cinnamon Toast Crunch Pastry, Strawberry or Apple Frudel	Assorted Cereal & Cereal Bars
Friday, May 30, 2025	Assorted Muffins, or Pop Tarts (Banana, Blueberry, or chocolate Muffins) (Strawberry, Cinnamon, or FudgePop tarts	Assorted Cereal & Cereal Bars

**SERVED DAILY FOR A
COMPLETE BREAKFAST**

100% Fruit Juice & Fresh Fruit OR Fruit Cups

**Choice of 1% White Milk. 1%
Chocolate Milk OR 1% Strawberry
Milk**

This is an equal opportunity employer and provider

Menu subject to change without notice.